

First of all: THANK YOU for participating! If you'd rather take a video of you speaking through some of these, that's great: just send it to me when you are done so that I can upload it to YouTube and caption it.

The questions here are intended more to get you warmed up, not so much the end and all. Feel free to ignore them and write what you want to say about your experience with being a mom with a disability.

Aloha,
Meriah

What is your disability?

Did you grow up with your disability or was it more recently acquired?

How do you think growing up with a disability affected your perspective, pride, opinions and culture surrounding disability?

Did you have disabled role models around you, growing up? If not, how do you think it would have affected you if you had?

Did you grow up thinking you would be a mother?

Were you scared to become a mom because of your

disability?

Does your child have a disability? If so, is it the same as yours?

How does your child's lack of disability – or difference in disability from your own – affect your parenting? Or does it at all?

What would you say are the most challenging things about being a mom with a disability?

Do you think people focus more on you as a mom or you as a woman with a disability?

Disability aside, can you access the care, resources and help you need as a mom, or does disability consistently get layered on by the medical profession?

What would you say your greatest skills as a mom are?

What do you think your child(ren) would say your greatest skills are?

How about weaknesses? What do you think the hardest parts of being a mom are for you?

What do you think your kids would say are your weakest areas?!

How do you think the presence of your disability makes it easier or harder to parent?

What do you wish people would really get about being a mom with a disability?

Can you tell us a parenting story?! Something funny related to your disability? (I'll probably tell the stories about me taking out my hearing aids when my kids were screaming in the car)

Do you have a photo of you and your kid (s) to share?

Feel free to write your own question and answer, if there is something else you think should be on this list, and I'll include both

Link to your blog/website:

Link to your social media – please put the full link, including http, thanks!

- facebook:
- twitter:
- instagram: